

# Lancaster Fresh™

## Lime Cilantro

### GOURMET DIP MIX

NET WT 1.5 OZ (42g)

### Simple to prepare!

#### Ingredients needed:

- Lime Cilantro Dip Mix
- 1-1/2 cups sour cream
- 1/2 cup mayonnaise (Do not use salad dressing such as Miracle Whip®, use real mayonnaise.)

You may use lowfat or nonfat products with this mix, although results may vary.

#### Complete directions and recipes inside!

**Ingredients:** sugar, spices, salt, maltodextrin, lime juice powder (corn syrup solids, lime juice solids with added lime oil), garlic powder, cilantro, onion, xanthan gum, natural flavorings, with not more than 2% silica gel added to prevent caking.

For optimum shelf life, store dry mix in your refrigerator or freezer.

Distributed By:  
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NO WHEAT



### Nutrition Facts

Serving Size 2 Tablespoons (32g)  
Servings Per Container about 16

Amount Per Serving	Mix	with added ingredients
Calories	8	104
Calories from Fat	0	90
% Daily Value**		
Total Fat 0g*	0%	15%
Saturated Fat 0g	0%	20%
Trans Fat 0g	-	-
Cholesterol 0mg	0%	5%
Sodium 162mg	7%	9%
Total Carbohydrate 2g	0%	1%
Dietary Fiber 0g	0%	0%
Sugars 1g	0%	-
Protein 0g	-	-
Vitamin A	2%	3%
Vitamin C	2%	3%
Calcium	0%	3%
Iron	0%	0%

\*Amount in Lime Cilantro Dip Mix.  
Added ingredients contribute an additional 96 calories, 10g total fat, 4g saturated fat, 0g trans fat, 14mg cholesterol, 51mg sodium, 1g total carbohydrate (0g sugar), 1g protein.

\*\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

